



MARYHAN BAKER

PSYCHOLOGIST

Dr. Maryhan Baker is a Psychologist and Parenting Expert with over 20 years experience. She works with children, teens and adults who have difficulties managing their emotions, worry excessively, have low self confidence, find managing friendships difficult, or get a little overwhelmed with life's challenges.

EDUCATION

UNIVERSITY OF READING

2001 - 2006 | Doctorate in Psychology
2000 - 2001 | Masters in Psychological Research
Methods & Statistics

BOURNEMOUTH UNIVERSITY

1997-2000 | BSc Psychology & Computing

TESTIMONIAL

Clive Marriott, Headmaster Salisbury Cathedral School

"Dr Maryhan has been known to our school family for many years. In recent times this relationship has become more established and formalised, as she has responded to the needs of the pupils, their parents and the staff.

Dr Maryhan has provided valuable 1:1 support and counselling for individual pupils and their families. She is seen as an integral part of the team, providing certainty and inspiring confidence where it is most needed, in our increasingly complex and ever-changing world. I wholeheartedly recommend her."

EXPERIENCE

2014 -
now

SCHOOLS

- Teacher training on student's emotional health, identifying anxiety, and promoting resilience
- Parent talks on Anxiety, Confidence, and Resilience
- Individual support for some students
- Digital Programme for Parents and Staff

2020

POLICE CONSTABULARY WELLBEING PROGRAMME

- Digital resources to build confidence, resilience and reduce anxiety
- Digital resources for parenting in a pandemic

2020

WORKPLACE EMOTIONAL WELLBEING PROGRAMME

- Digital resources to build confidence, resilience and reduce anxiety
- Digital resources for parenting in a pandemic