

## Self-Portrait Studies

Your task this week is to make some self-portrait studies.

We would like you to try making a few quick studies of yourself. You can use whatever medium you like; the more the better!

One of your studies should be made in the old-fashioned way: in front of a mirror. You might find it a bit awkward, but you are likely to get some very vibrant and unexpected results. Don't worry too much about getting a perfect likeness of yourself. The best way is to not over-think it, to look really hard at yourself and to keep your hand moving. It is an excellent way to get better at drawing.

For other studies you might like to try using a photograph of yourself. Here are some tips:

- **Don't try to make yourself look perfect.** Imperfections are way more interesting.
- **Try keeping your mouth closed.** Your portrait will look more natural if you can't see your teeth (also teeth are really difficult!).
- **Take a clear photo with a good source of light.** It is hard to get decent results at night. Experiment with different light-sources for dramatic effect.
- **Try using a drawing grid.** Even professional painters use these sometimes. There are lots of free drawing grid apps.

I would love to see your studies:  
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